

inspired goodies guide

green valentine

Love Poems of Rumi – £9.99

Sick of saying it in flowers? Call upon the skills of a 13th century master wordsmith to invoke the romantic mood! 600 years on Rumi, a mystic and poet still conjures a profound image of love and divinity in his work *The Love Poems Of Rumi*. Visit www.spiritual-books.co.uk or put in an order at your local bookshop to woo that special someone!



Inspired Times Subscription £12-£18

A must have in every home; Inspired Times is your window into the world of holistic health, eco information and creative inspiration. A quarterly publication printed on 100% recycled paper, why not introduce a new addition to the family at www.inspiredtimes.com?



green home

His and Her Pants – £10+

Pat your bum well done and strut in style with *Pants to Poverty*. On the frontline of Fairtrade, *Pants to Poverty* (www.pantstopoverty.com) produce environmentally friendly underwear while working within the community to support Indian producers by developing health and educational resources. Give your partner's cheeks a treat!



Eco Paint – £15+

Pioneers of eco paint, Nutshell Paints (www.nutshellpaints.com) are leading the way in reducing the carbon footprint of DIY enthusiasts. Containing zero toxins, these naturally sourced shades are mixed with various oils, herbs and minerals allowing you and your walls to breathe easily. Allergy free and with no odour this eco friendly alternative also includes a range of thermo emulsions and stains. Treat your walls well... because you're worth it!



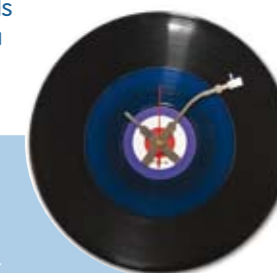
Raw Chocolate Delights – 12.50+

A dazzling range of heart-shaped treats, all made with the finest organic ingredients, can be ordered from www.rawsome.co.uk. Indulge guilt-free this Valentines Day - being raw makes them both super healthy and totally scrumptious. They are gluten and dairy free making it the top choice for chocoholics!



Recycled Vinyl Clocks - £19.99

My Eco Store (www.mycostore.co.uk) have a funky clock on their books which makes good use of all those old unwanted records! The Recycled Vinyl Clock is exactly what it says it is, a 12inch vinyl fashioned into a clock available in five unique designs. Handmade with hint of kitch, this is an eco-friendly way to keep an eye on the time!



Chilli Hamper – £29.50

Add a bit of bite to your Valentines Day with this stylish Chilli Hamper. It includes your very own chilli seeds to plant, a hot dipping sauce, hell fire pepper jelly and a sweet and spicy selection of chilli chocolate! Check out www.edenprojectshop.com for a hot gift for you both to enjoy!



Recycled Ring – £70+

If you're thinking of popping the question, 'My A'th Kar' 3mm recycled ring is forged with love from 100% recycled silver. Glasswing Jewellery (www.glasswingjewellery.com) also use sea glass within their designs, which is washed up on their local Cornish beaches. Each ring is unique and so treat your loved one to something special. Engraved with the all important words 'My A'th Kar', meaning 'I love you' in Cornish, this beautiful piece arrives in recycled packaging and certainly expresses the sentiment in eco-style.



Swing Horse – £79.29

Do you want to get the kids on the road to recycling and out in the garden and away from the x-box? Well, this Swing Horse, is always a hot seller at www.therecycplewarehouse.com and does just the job. Made from recycled tires, your kids' new equine friend will certainly increase your garden's popularity. Watch your kids play the day away!

